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ARIANA, Tunisie

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23 September, 1986

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linkedin.com/in/mohamedesgha%C3%AFer-070592137

SKILLS

## ENERGETIC, OPTIMISTIC

HARD WORKING

PONCTUAL

CREATIVE

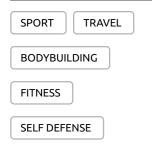
CONFIDENCE

### LANGUAGES

# ARAB FRENCH ENGLISH



INTERESTS



## Muhammad Esghaier

SPORT MANAGER, BODYBUILDING AND FITNESS COACH

### WORK EXPERIENCE

SPORT MANAGER

#### Tunisian Youth and Sport Ministry

11/2018 - Present Regional Administration for Youth and Sports

#### Achievements/Tasks

- Drganising meetings, training, coaching, conferences and other events, Promotion of sport in schools.
- Managing budgets, controlling finance allocated for community activities and sometimes coordinating or raising sponsorship.
- liaising with local sports councils, regional committees and national governing bodies.
- Supporting colleagues to encourage and develop sport in the local, regional, national or international community, Serving on regional and national government think tanks and task groups.
- Managing departmental budgets.
- Organizing sporting events such as tournaments.

#### **GYM MANAGER & BODYBUILDING TRAINER**

Expert Gym Pro Body Fitness 01/2017 - 10/2018

Gym Pro Body Fitness

Achievements/Tasks

- Maintaining the equipment, including repairing and replacing items as necessary, Managing staff, including recruiting, hiring and training new team members.
- Setting and contributing to targets for attracting new members and reviewing data about class attendance to identify opportunities.
- Maintaining knowledge of the latest fitness trends.

#### **BODYBUILDING TRAINER**

Body Fitness Club 01/2014 - 12/2014

Body Fitness Club Achievements/Tasks

- Evaluating customers' physical needs, determining clients' exercises needs.
- Assigning fitness activities and revising when needed and Instructing and motivating clients.
- Track customers' fitness progress.

#### **BODYBUILDING TRAINER**

Olympic Sport Association of Shrarda

01/2013 - 12/2013 Body Fitness Club

Achievements/Tasks

- Evaluating customers' physical needs, determining clients' exercises needs.
- Assigning fitness activities and revising when needed and Instructing and motivating clients.

Track customers' fitness progress.

#### SECURITY OFFICER

#### "MONOPRIX" AND "GEANT"

09/2011 - 06/2012 HYPERMARKET, SECURITY STAFF

Achievements/Tasks

- Secure premises and personnel by patrolling property; monitoring surveillance equipment; inspecting buildings, equipment, and access points; permitting entry.
- **B** Ensure the security, safety, and well-being of all personnel, visitors, and the premises.
- Respond to emergency situations to provide necessary assistance to employees and customers.

#### Tunis

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## SKILLS

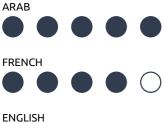
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## **INTERNSHIPS**

MANAGER Tunisian Youth and Sport Ministry 05/2017 - 11/2018 Sport Ministry

Traineeship in VIP close personal protection Krav Maga Tunisian Academy

Muhammad Esghaier

SPORT MANAGER, BODYBUILDING AND FITNESS COACH

04/2014 Tunisian Academy

#### **STUDENT**

Tunisian Federation of School and University Sport 10/2009 - 04/2010

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## PERSONAL PROJECTS

NUTRISTORE COMPANY (02/2015 - 03/2018)

- OWNER AND COMMERCIAL REPRESENTATIVE.
- Specialized in selling nutritional supplements and sport equipment.

## **CERTIFICATES**

Training certificate in Communication techniques in the professional environment (2022) National Center for Training and Recycling Young Specialists in Sport and Physical Education

Training certificate in Legal and procedural system of governance and prevention of and fight against corruption (2021) National Center for Training and Recycling Young Specialists in Sport and Physical Education

Training certificate in English language (2019) National Center for Training and Recycling Young Specialists in Sport and Physical Education

Diploma of Second-Degree Trainer Specialized in Bodybuilding (2015) Tunisian Bodybuilding Federation

Diploma of First-Degree Trainer Specialized in Bodybuilding (2013) Tunisian Bodybuilding Federation

## INTERESTS

## SPORT TRAVEL BODYBUILDING FITNESS SELF DEFENSE

## **EDUCATION**

License in Management of Sport Structures and Events National Institute of Sport and Physical Education of Ksar Said 09/2007 - 06/2010

#### **DIPLOMA OF SPORT MANAGEMENT**

National Center for Training and Recycling Young Specialists in Sport and Physical Education 09/2017 - 10/2018

CREATIVE

**FNGLISH** 



